

This service offers solution focused short term counselling to youth 13 to 18 years of age to strengthen their mental wellness. It also serves adults with personal issues that are impacting the ability to parent a child or youth under 19 years of age for whom they have parental/guardianship oversight, including children who are not living in the home with the individual. Open Referral.

**For more information or to make a referral, call 250.752.6766 - EXT 218**